



**Weill Cornell
Medicine**

**NewYork-
Presbyterian**



Fibroid & Adenomyosis Program

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646-962-4100

weillcornell.org

Our Care Team

Our Multidisciplinary Approach to Care

Our team of physicians includes gynecologists, who specialize in minimally invasive gynecologic surgery, and interventional radiologists. Together, they offer our patients a wide range of leading treatment options—from medical therapies to surgical treatments.

No two patients are the same. Based on each patient's unique condition, we help all patients achieve their specific goals, such as alleviating their pain or bleeding symptoms and preserving fertility.



**Ja Hyun
Shin, MD, FACOG**
*Co-Director
Minimally Invasive
Gynecologic Surgery*



**Marc
Schiffman, MD**
*Co-Director
Vascular and
Interventional Radiology*



**Yelena
Havryliuk, MD,
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*Minimally Invasive
Gynecologic Surgery*



**Nicole
Lamparello, MD**
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**Tamatha B.
Fenster, MD,
MS, FACOG**
*Minimally Invasive
Gynecologic Surgery*



**Kimberly
Lynn Scherer, DO**
*Vascular and
Interventional Radiology*



**Kristen Pepin,
MD, MPH**
*Minimally Invasive
Gynecologic Surgery*

The Weill Cornell Medicine Fibroid and Adenomyosis Program provides multidisciplinary care and the latest treatments for patients with uterine fibroids or adenomyosis.

Why Choose the Weill Cornell Medicine Fibroid and Adenomyosis Program?

Exceptional Care

The physicians at the Weill Cornell Medicine Fibroid and Adenomyosis Program are highly trained and dedicated to providing the best possible care.

Patients throughout the region—and the world—travel to receive exceptional care for uterine fibroids and adenomyosis at Weill Cornell Medicine.

Convenient, Personalized Care

Each patient at the Weill Cornell Medicine Fibroid and Adenomyosis Program will work closely with a patient care coordinator who will help you conveniently schedule appointments and tests, obtain medical records as needed, and coordinate your care at every step.

Weill Cornell Medicine also offers telemedicine—virtual health services—so that patients can conveniently meet with their doctor for follow-up visits.

Comprehensive, Specialized Care

Patients at our program have access to our many specialists who are experts in the most current advances in technological procedures, and who collaborate to provide the highest level of care.

Conditions We Treat

If you experience pelvic pressure and discomfort, painful periods, pain during sex, or heavy or irregular bleeding, you do not need to live with this discomfort. Our team of specialists can help.

Several different conditions may be causing these painful symptoms. Uterine fibroids are non-cancerous tumors that grow on or within the muscle tissue of the uterus. Adenomyosis is a benign condition in which the endometrial tissue that lines the uterus cavity grows abnormally. Both of these conditions may cause pelvic pressure or pain and abnormal uterine bleeding.

Uterine Fibroids

Uterine fibroids are common, non-cancerous growths that develop in the muscular wall of the uterus.

Signs and Symptoms of Uterine Fibroids

While fibroids do not always cause symptoms, their size and location can lead to problems for some.

Symptoms may include:

- Heavy, irregular, or prolonged menstrual bleeding
- Fatigue or low energy from heavy periods and excessive bleeding
- Pelvic pressure or pain
- Abdominal swelling and constipation
- Low back or leg pain
- Pain during sexual intercourse
- An urge to urinate often
- Difficulty emptying the bladder
- Miscarriages
- Difficulty getting pregnant

Treatments for fibroids include:

- Hormonal and non-hormonal therapies
- Uterine fibroid embolization
- Magnetic resonance-guided focused ultrasound
- Uterine fibroid radiofrequency ablation
- Hysteroscopic procedures
- Laparoscopic or robotic myomectomy
- Laparoscopic or robotic hysterectomy



Adenomyosis

Adenomyosis is a condition that occurs when the cells that normally line the uterus grow into the muscular tissue of the uterine wall. The uterine wall becomes thicker, which can cause pain. The entire uterus may also enlarge.

Signs and Symptoms of Adenomyosis

Most women with adenomyosis do not have any symptoms. Adenomyosis is frequently found in uterine tissue biopsies that are done after pelvic surgery for other indications.

When symptoms are present, they include:

- Heavy, irregular, or prolonged menstrual bleeding
- Painful menstruation
- Recent onset of menstrual cramping that is gradually getting worse from one period to the next
- Pain during sexual intercourse
- Pelvic pain
- Infertility

Treatment options for adenomyosis include:

- Hormonal and non-hormonal therapies
- Uterine artery embolization
- Hysteroscopic procedures
- Laparoscopic and robotic hysterectomy

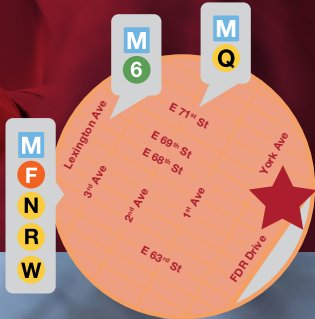




Upper East Side

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